



King's and RCPsych Veterans Mental Health Conference

Dr Adrian James, President, Royal College of
Psychiatrists

My priorities



Parity between mental and physical health



Championing equality, diversity and inclusion



Workforce wellbeing



Sustainability at the heart of all we do

Mental health services in UK

- Mental health was long an area of underinvestment, but **Five Year Forward View for Mental Health** and **NHS Long Term Plan** commitments have laid foundation for transformative change
- **COVID-19 pandemic** has had significant effect on nation's mental health
- Services struggling to meet **demand**
- College working to ensure mental health isn't overlooked in **recovery**

Mental health of Veterans



Rate of PTSD, in combined sample of veterans and still serving personnel was 4% in 2004/06 and 2009/10, and had **increased to 6%** in 2014/16

(About 4% in general population)

Potentially harmful alcohol misuse remains a common problem amongst regulars but has **declined steadily** from 15% in 2004/6 to 10% in 2014/16

The rate of common mental disorders (CMD) has **remained stable** at around 20% from 2004/6 to 2014/16

RCPsych and Veterans

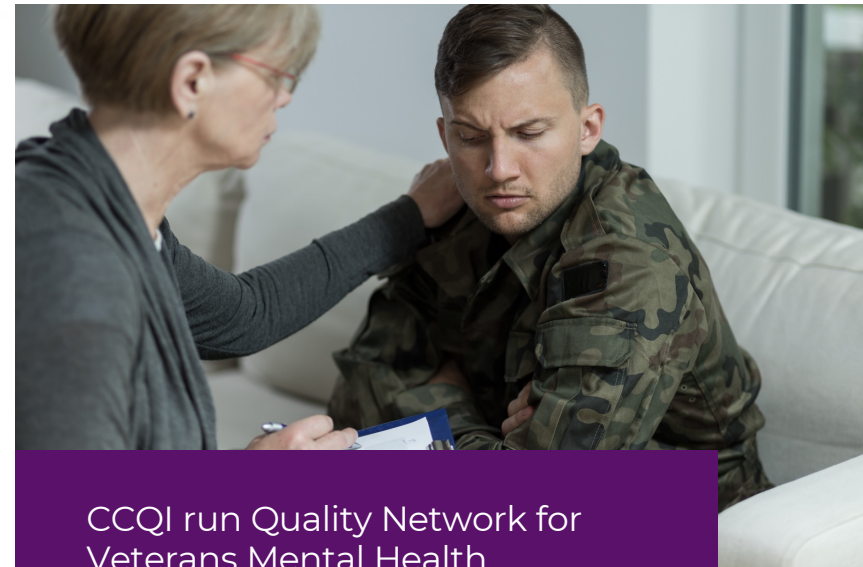


The Royal College of Psychiatrists is a signatory to the Armed Force Covenant. We recognise the value Serving Personnel, both Regular and Reservists, Veterans and military families contribute to our business and our country

RCPsych and Veterans



Professor Neil Greenberg,
Presidential Lead for Trauma
and Military Psychiatry



CCQI run Quality Network for
Veterans Mental Health
Services

The Future



Ensuring **parity of esteem**

Implementation of **community mental health framework** for adults and older adults

Improve mental healthcare for everyone, but particularly **veterans, NHS staff** and **emergency services** who country calls on to carry out duties on behalf of everyone else



Any questions?

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